

Training Timetable January – March 2012

Please indicate which days you would like to attend by ticking the Book Your Place column and complete your contact details on the form overleaf. Send the form to Freepost RSES-EZGE-JCGA, Camden Carers Centre, 293-299 Kentish Town Road, NW5 2TJ.

Date	Time	Event/Course	Tick Here to Book
JANUARY			
Thursday 12th	10.00 - 3.00	Personal Planning for the Year 2012	
Monday 16th	10.30 - 12.30	Creative Writing at Bishopsgate Institute - places limited and must be booked	
Weds 18th	11.00 - 3.00	Dementia Carers Group - One Day at a Time & Pamper	
Friday 20th	10.00 - 1.00	Camden Crafty Carers	
Monday 23rd	10.30 - 12.30	Creative Writing at Bishopsgate Institute - places limited and must be booked	
Weds 25th	10.00 - 3.00	Winter Stress-Buster & Pamper	
Monday 30th	10.30 - 12.30	Creative Writing at Bishopsgate Institute - places limited and must be booked	
FEBRUARY			
Mon 6th	10.30 - 12.30	Creative Writing at Bishopsgate Institute - places limited and must be booked	
Mon 13th	10.00 - 3.00	Its All About Me - Day 1 of 3 Day Course	
Sat 11th	10.30 - 3.30	Working Carers: Winter Stress Buster & Pamper	
Mon 13th	10.30 - 12.30	Creative Writing at Bishopsgate Institute - places limited and must be booked	
Weds 15th	11.00 - 3.00	Dementia Carers Group - Dementia Care in Hospital	
Mon 20th	10.00 - 3.00	Its All About Me - Day 2 of 3 Day Course	
Fri 17th	10.00 - 1.00	Camden Crafty Carers	
Mon 20th	10.30 - 12.30	Creative Writing at Bishopsgate Institute - places limited and must be booked	
Mon 27th	10.00 - 3.00	Its All About Me - Day 3 of 3 Day Course	
Mon 27th	10.30 - 12.30	Creative Writing at Bishopsgate Institute - places limited and must be booked	
MARCH			
Mon 5th	10.30 - 12.30	Creative Writing at Bishopsgate Institute - places limited and must be booked	
Tues 6th	10.00 - 3.00	Let Rip! Let Go! with Alan and Jill	
Sat 10th	10.00 - 3.00	Working Carers: Your Stuff - My Stuff - One Day Setting Healthy Boundaries	
Weds 14th	11.00 - 3.00	Dementia Carers Group - Speaker to be decided	
Fri 16th	10.00 - 1.00	Camden Crafty Carers	
Tues 22nd & Thurs 24th	9.30 - 4.30	Mental Health First Aid - Two Day Certificated Course, you MUST attend both days to achieve certificate	
Tues 27th	10.00 - 3.00	Not a Care in the World	

Complete your details over/.....

PERSONAL DETAILS AND INFORMATION

Please complete this form. *You will receive confirmation of your place and full information about the event at least one week prior to the day.*

Name Telephone Email

Address Postcode

Any special access or dietary requirements?

Do you require sitting costs?

Yes

No

Please send your completed booking form to Camden Carers Centre, FREEPOST RSES-EZGE-JCGA, 293-299 Kentish Town Road, London, NW5 2TJ. *Enquiries regarding this Training Schedule should be addressed to Jill Pay or Deborah Knight.*